

For years and years, I avoided my finances.

This avoidance created a host of issues, from the basic financial ones, to fear, to sleepless nights, to a lack of confidence amongst peers, to a heavy dose of guilt, stress, and shame.

Over time I had read a ton, listened to many, and become familiar with every tactic one might employ to "fix" this - to no avail.

You can learn exactly what you should do - but go on and on without doing it.

And the cycle continued.

Somehow, I started seeing posts on Facebook - and they spoke to me. **Instant transformation** sounds a bit like magical thinking - but that is what I wanted.

Wouldn't it be worth the investment if it just sort of worked?

I used to avoid updating Quicken until I had to get my taxes in order.

Today, after MindFix - I get extremely uncomfortable if I do not make my self-created Friday Finance meeting with myself. *I can't NOT do it.*

I have no idea how that happened - but that was after just ONE MindFix session.

The journey of self-discovery, finding the root causes of my behaviors and the things that have been holding me back - it was EPIC.

Being an entrepreneur is hard enough. Trying to build a company while your own programmed belief systems are sabotaging you without you knowing it seems so dumb to me now.

At the close of my program, I had a committed investor back out of a life-support investment right before the Pandemic started. I did not recognize myself when I battled back with this guy forcefully but respectfully - and got the deal closed. **This was a new me - actually the real me - released from the shackles of a lifetime of learned behaviors that have blocked my growth and greater success.** I really like this guy!

I wish I could have done this years ago. But here I sit, 8 months later, with a record sales year, new opportunities, and so much gratitude. This is all reflected in my daily activities, attitude, and in my personal relationships.

THANK YOU to my incredible Mindfix team!

DO THIS.

H.B. – November 2020