

# For years and years, I avoided my finances.

This avoidance created a host of issues, from the basic financial ones, to fear, to sleepless nights, to a lack of confidence amongst peers, to a heavy dose of guilt, stress, and shame.

Over time I had read a ton, listened to many, and become familiar with every tactic one might employ to "fix" this - to no avail.

You can learn exactly what you should do - but go on and on without doing it.

And the cycle continued.

Somehow, I started seeing posts on Facebook - and they spoke to me. **Instant transformation** sounds a bit like magical thinking - but that is what I wanted.

Wouldn't it be worth the investment if it just sort of worked?

I used to avoid updating Quicken until I had to get my taxes in order.

Today, after MindFix - I get extremely uncomfortable if I do not make my self-created Friday Finance meeting with myself. *I can't NOT do it.*

**I have no idea how that happened - but that was after just ONE MindFix session.**

The journey of self-discovery, finding the root causes of my behaviors and the things that have been holding me back - it was EPIC.

**Being an entrepreneur is hard enough. Trying to build a company while your own programmed belief systems are sabotaging you without you knowing it seems so dumb to me now.**

At the close of my program, I had a committed investor back out of a life-support investment right before the Pandemic started. I did not recognize myself when I battled back with this guy forcefully but respectfully - and got the deal closed. **This was a new me - actually the real me - released from the shackles of a lifetime of learned behaviors that have blocked my growth and greater success.** I really like this guy!

**I wish I could have done this years ago. But here I sit, 8 months later, with a record sales year, new opportunities, and so much gratitude.** This is all reflected in my daily activities, attitude, and in my personal relationships.

THANK YOU to my incredible Mindfix team!

**DO THIS.**

H.B. – November 2020